



Celebrating Over 46 Years Serving Our Communities

Corporate Office

1430 Truxtun Avenue, Suite 400, Bakersfield, CA 93301
Mailing Address: P. O. Box 1559, Bakersfield, CA 93302-1559
Business: (661) 635-3050 • Fax: (661) 869-1503 • www.clinicasierlavista.org

Fresno Division

1945 N. Fine, Suite 116, Fresno, CA 93727

Kern County

Arvin Community Health Center

Baker Street Village Community Health Center

Central Bakersfield Community Health Center

Delano Community Health Center

East Bakersfield Community Health Center

East Bakersfield Dental Center

East Niles Community Health Center

Family Health Center

Frazier Mountain Community Health Center

Greenfield Community Health Center

Kern River Health Center

Lamont Community Health Center / Dental

Old Town Kern Community Health Center

South Bakersfield Community Health Center

34th Street Community Health Center

Fresno County

Addams Elementary Health and Wellness Center

Elm Community Health Center

Elm Dental Center

Elm Women's & Peds Community Health Center

Gaston Middle School Health Center

Health Care for the Homeless

North Fine Community Health Center

Orange & Butler Community Health Center

Regional Medical Community Health Center

West Fresno Community Health Center

West Shaw Community Health Center

Dear Clinica Sierra Vista patient:

Coronavirus cases are on the rise throughout California. These cases are sadly translating into hospital admissions and deaths. Hospitalizations due to the coronavirus are now at far higher than their previous peak in July and it will likely get worse, with the prospect of California hospitals seeing a surge in cases in the month of December.

I know we are all tired and impatient with taking the steps we need to, but now is the time to act to protect yourself, your family and community to help slow the spread of the virus. While there is very good news on the horizon – with prospects of effective vaccines being available in the coming months – we cannot let down our guard. We are seeing too many of our patients becoming infected with the coronavirus and too many ending up in the hospital.

Each of us plays an important in keeping ourselves, our families, and our community healthy, and stopping the spread of COVID-19 is all of our jobs. Together we must continue taking the steps we need to take to prevent the spread of the virus and take care of ourselves and those we love. Please stay home, and if you must go out, please socially distance and wear a mask. Practice the “three W’s” of **W**earing a mask, **W**ashing our hands and **W**atching our distance between ourselves and friends, family or co-workers.

The COVID-19 pandemic has also put a spotlight on the importance of having insurance coverage and the reality that 1.2 million Californians are eligible to get subsidized or free coverage now but are still uninsured. As a patient, you understand the importance of having access to the care you need when you need it. Most of us have a family member, friend, or neighbor who is uninsured – but we probably don't know it.

Most people who go without health insurance coverage think they can't afford it, but financial help to pay for health insurance is waiting for millions of Americans. A new national coalition of doctors and other health care providers, patient advocacy groups and others – called [Get Covered 2021](#) – is working to get those eligible for help covered. I'm on-board on this effort, which is why I'm reaching out to you now. Please consider:

- **Get the word out on social media** – Facebook, Instagram or Twitter – to encourage your friends, family members, neighbors and others in your community to practice COVID-19 safety measures and for those who are uninsured, tell them to visit CoveredCA.com to see their health insurance options, how much financial help they may qualify for, and how they can get covered. Some in your network may be uninsured but eligible for financial

PROGRAMS INCLUDING:

WIC (26 locations) • BEHAVIOR HEALTH • PERINATAL CARE (CPSP) • CHDP • FAMILY PLANNING • CDP • AFLP • ADOLESCENT SERVICES • MEDICALLY VULNERABLE INFANTS • MOBILE MEDICAL/DENTAL • HIV/AIDS SUPPORT SERVICES • NEIGHBORHOOD PARTNERSHIPS • HEALTH INSURANCE ASSISTANT PROGRAM

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help or free Medi-Cal today. They can sign up during the Open Enrollment period, now through January 31, 2021.

- **December 10th is Get Covered America Day**, a nationwide day of action when doctors, patients, celebrities, sports figures, and state governments will come together to promote practical steps to prevent the spread of COVID-19 and help uninsured Americans get enrolled now. #GetCovered2021. Please encourage your uninsured loved ones to visit GetCovered2021.org to find the affordable health insurance that's best for them.

Thanks for considering this and, most importantly, please do all you can to keep yourself and your family healthy and safe.

All my best to you and yours,


 Olga Meave, MD
 Chief Medical Officer
 Clinica Sierra Vista

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